THE INTERNATIONAL SCHOOL OF TRIESTE

# MENU ELEMENTARY S.Y. 2026/2027
# valid from 04/11 to 13/11/26

| | 1st WEEK (2 - 6 Nov.) | 2nd WEEK (9 - 13 Nov.) |
|---|---|---|
| | | |
| Monday | **SCHOOL CLOSED** | ***Diwali Menu*** |
| | | *Saffron risotto* |
| | | *Chicken tikka masala* |
| | | *Green salad* |
| | | |
| Tuesday | **SCHOOL CLOSED** | |
| | | Pasta with tomato sauce & basil |
| | | Roast pork loin |
| | | Steamed green beans |
| | | |
| Wednesday | | |
| | Pasta with Norcino's meat sauce | Pasta with pesto sauce |
| | Gateau with cheese | Spinach & ricotta cheese savory pie |
| | Steamed mixed vegetables | Sauteed mixed vegetables |
| | | |
| Thursday | | |
| | Parmesan risotto | Pasta with tomato sauce & bacon |
| | Grandma's meatballs in tomato sauce | Frico |
| | Roast mixed vegetables | Steamed mixed vegetables |
| | | |
| Friday | | |
| | Pasta with salmon | Pasta with tuna sauce |
| | Roast plaice fillets | Roast hake meatballs |
| | Mixed vegetables au gratin | Roast mixed vegetables |
| | ***Homemade dessert*** | ***Homemade dessert*** |

**Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce**

**Every day it is possible to substitute the second course with a different dish in case of allergies/intolerances**

Edited by the dietician of:

**Pedevilla S.p.A.**