



THE INTERNATIONAL SCHOOL OF TRIESTE

MENU K3-K4-K5 S.Y. 2025/2026 valid from 01/06 to 12/06/26

	1st WEEK (1 - 5 June)	2nd WEEK (8 - 12 June)
Monday	SCHOOL CLOSED	
		Rice with sausage sauce
		Frico
		Mixed vegetables au gratin
Tuesday	SCHOOL CLOSED	
		Pasta with tomato sauce
		Pork stew with curry sauce
		Zucchini
Wednesday	Pasta with meat sauce	Pasta with pesto sauce
	Savory pie with provola cheese & bacon	Chicken bites
	Steamed mixed vegetables	Roast mixed vegetables
Thursday	Pasta with Trapani's pesto sauce	Pasta with Bolognese meat sauce
	Pork loin Palermo's Style	Tomato & mozzarella cheese
	Green salad	Roast mixed vegetables
Friday	Carrot cream soup	Eggs & bacon
	Pizza with tomato sauce & mozzarella cheese	Pizza with tomato sauce & mozzarella cheese
	Green beans	Fresh fruit
	Homemade dessert	Homemade dessert

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce
Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

Pedevilla S.p.A.

