



THE INTERNATIONAL SCHOOL OF TRIESTE

MENU ELEMENTARY S.Y. 2025/2026 valid from 01/06 to 12/06/26

	1st WEEK (1 - 5 June)	2nd WEEK (8 - 12 June)
Monday	SCHOOL CLOSED	
		Rice with sausage sauce
		Frico
		Mixed vegetables au gratin
Tuesday	SCHOOL CLOSED	
		Pasta with tomato sauce
		Pork stew with curry sauce
		Zucchini
Wednesday	Pasta with meat sauce	Pasta with pesto sauce
	Savory pie with provola cheese & bacon	Chicken thighs in curry sauce
	Steamed mixed vegetables	Roast mixed vegetables
Thursday	Regional Menu from Sicily	
	<i>Pasta with Trapani's pesto sauce</i>	Pasta with Bolognese meat sauce
	<i>Pork loin Palermo's Style</i>	Tomato & mozzarella cheese
	<i>Fennels & oranges</i>	Roast mixed vegetables
Friday		End-of-year Brunch
	Carrot cream soup	<i>Eggs & bacon</i>
	Pizza with tomato sauce & mozzarella cheese	<i>Focaccia bread with various toppings / Pizza</i>
	Green beans	<i>Fresh fruit</i>
	Homemade dessert	and much more!!

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce
Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

Pedevilla S.p.A.

