

	1st WEEK (07-11 Oct.)	2nd WEEK (14-18 Oct.)	3rd WEEK (21-25 Oct.)	4th WEEK (28 Oct. - 01 Nov.)	5th WEEK (04-08 Nov.)
Monday	Vegetable cream soup with rice	Starter of steamed vegetables	Starter of vegetables au gratin	SCHOOL CLOSED	Vegetable and barley cream soup
	Montasio cheese	Pasta with pesto sauce	Rice with peas (or plain rice with sauteed peas)		Turkey escalope with potatoes/polenta
	Sauteed vegetables	Roast chicken			Fresh vegetables
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit		Bread and fresh fruit
Tuesday	Starter of fresh vegetables	Bean and barley soup	Semolina in vegetable broth	SCHOOL CLOSED	Starter of sauteed vegetables
	Lasagna with beef meatsauce and bechamel	Egg omelette	Chicken nuggets in milk sauce		Potato dumplings in butter and sage sauce
		Vegetables au gratin	Fresh vegetables		Stracchino cheese
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit		Bread and fresh fruit
Wednesday	Starter of mixed cooked vegetables	Starter of fresh vegetables	Starter of mixed steamed vegetables	SCHOOL CLOSED	Starter of fresh vegetables
	Semolina dumplings au gratin	Pizza with tomato and mozzarella cheese	Pasta with tomato sauce		Pasta with vegetables
	Roast legume meatballs/stewed meatballs		Ricotta cheese meatballs		Stewed veal meatballs
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit		Bread and fresh fruit
Thursday	Vegetable soup with spelt	Starter of cooked vegetables	Vegetable cream soup with pasta	SCHOOL CLOSED	Starter of vegetables au gratin
	Turkey stew	Rice with vegetables	Minced beef or stewed meatballs		Lentil and cereal cream soup
	Potatoes/polenta and fresh vegetables	Roast pork loin	Potatoes/polenta and fresh vegetables		Egg omelette with spinach
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit		Bread and fresh fruit
Friday	Starter of vegetables au gratin	Vegetable cream soup with pasta	Starter of mixed fresh vegetables	SCHOOL CLOSED	Mixed cooked vegetables
	Cous Cous with vegetables	Roast cod	Pasta with vegetables		Rice with fish sauce (squid, cuttlefish, cod, etc...)
	Hake au gratin	Potatoes and fresh vegetables	Roast fish meatballs		
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit		Bread and fresh fruit

Each day the detailed menu will be displayed (type of fruit and vegetables of the season), including specified allergens for each meal.
Information about the presence of products containing allergens can be asked to the staff and the kitchen supervisor is available to give any support or documentation.

Edited by the dietician of

Pedevilla S.p.A.

