

MENU MIDDLE & HIGH SCHOOL – S.Y. 2023/2024 valid from 18/03 to 19/04/24

	1st WEEK (18-22 Mar.)	2nd WEEK (25-29 Mar.)	3rd WEEK (01-05 Apr.)	4th WEEK (08-12 Apr.)	5th WEEK (15-19 Apr.)
Monday		Pasta with tomato sauce, veggy milk cream & oregano	SCHOOL CLOSED	Saffron risotto	Pasta with tomato sauce & basil
	-	Vegetable cream soup		Wholegrain pasta with broccoli & almonds	Cold pasta with vegetables
		Soft cheese		Asiago cheese	Mozzarella cheese
	Green salad	Mixed salad		Green salad	Green salad
	Mixed salad	Salad & tomatoes			Grated carrots & corn
	Steamed chard	Green beans		Steamed cauliflowers	Steamed fennels
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Tuesday	0	Spring Menu		Trinacria Menu	Pasta with meat sauce
		Pasta with fresh tomato sauce	Potato & leek soup	Pasta with Pachino tomato sauce	Pasta with taleggio cheese & zucchini
		Corn soup with lemon scent	Montasio cheese	Barley "Mediterranean style"	Ricotta cheese & spinach tart
		Cheese & ham or vegetarian crepes	Green salad	Roast cutlets au gratin	Green salad
	Mixed salad	Mixed salad / Green salad	Mixed salad	Green salad / Salad & carrots	Tomatoes & corn
	Sauteed eggplants	Mixed vegetables au gratin	Steamed chard	Fennels with orange scent	Mixed roast vegetables
H	"Fiesta Latina" Menu	Parmesan risotto	Apulia Regional Menu	Carbonara pasta (with eggs & bacon)	"Roman taste" Menu
Wedne		Carrot & orange soup	· · · · ·	Pasta with eggplants	Semolina gnocchi "Roman style"
		Chicken thighs with olives & paprika		Beef stew with potatoes	Rice & Belgian endive soup
	Chicken fajitas	Green salad	, , , , , , , , , , , , , , , , , , ,	Green salad	Roast pork "Roman style"
		Beans & salad	Green salad / Roast potatoes	Salad & carrots	Mixed salad / Green salad
	Beans TexMex style	Mixed steamed vegetables	Sauteed zucchini	Mixed steamed vegetables	Sauteed chicory
Thursday	Pasta with spicy tomato sauce	Pasta with pesto sauce	Pasta with veggie milk cream & cooked ham	Rice with sausage	Pasta with tomato sauce, veggy milk cream & oregano
		Spelt salad with baby tomatoes & feta cheese	Barley with leek & saffron	Vegetable & cereal soup	Vegetable soup
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	,	Baked omelette with cheese	Bresaola (cured meat)	Cured ham	Praga cooked ham
		Green salad	Green salad	Green salad	Green salad
		Mixed salad	Cucumbers & corn	Mixed salad	Mixed beans
	Steamed green beans	Steamed chard	Steamed carrots	Mixed vegetables au gratin	Steamed spinach
	Pasta with salmon	SCHOOL CLOSED	Pea cream soup	Pasta with creamy tuna sauce	Carrot & potato cream soup
Friday	Beetroot soup		Pizza with tomato sauce & mozzarella	Seasonal vegetable cream soup	Pizza with tomato sauce & mozzarella
	Fish fingers		Green salad	Fish fingers	Green salad
	Mixed salad / Green salad			Green salad / Salad & carrots	Mixed salad
				Steamed chard	
	Steamed broccoli Ricotta cheese tart		Green beans au gratin Chocolate sponge cake		Green beans au gratin Chocolate salami
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Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

Pedevilla gusto naturale

Pedevilla S.p.A.