

MENU ELEMENTARY – S.Y. 2023/2024 valid from 08/01 to 09/02/24

	1st WEEK (08-12 Jan.)	2nd WEEK (15-19 Jan.)	3rd WEEK (22-26 Jan.)	4th WEEK (29 Jan.-02 Feb.)	5th WEEK (05-09 Feb.)
Monday	Pasta with tomato sauce Stracchino cheese Steamed fennels	Pasta with pesto sauce Soft cheese Sauteed peas	Parmesan risotto Montasio cheese Green salad	Pasta with tomato sauce & ricotta cheese Asiago cheese Corn	Pasta with cream & ham Mozzarella cheese Steamed chard
Tuesday	Saffron risotto Roast chicken thighs Roast mixed vegetables	<i>Indian Menu</i> Rice with Indian spices Tikkamasala chicken Aloo Palak (curried potatoes & spinach)	Carbonara pasta (with eggs & bacon) Chicken meatballs Steamed chard	<i>Greek menu</i> Pasta Santorini (with feta cheese & zucchini) Souvlaki with Tzaiziki Roast potatoes "Greek style"	Pasta with spicy tomato sauce Pork stew Green salad
Wednesday	<i>Regional menu from Rome</i> Pasta with tomato sauce, bacon, cheese & egg cream Sliced roast pork Grated carrots	Pasta with tomato sauce, veggie cream & oregano Pork sausages Green salad	<i>Regional menu from Piedmont</i> Filled pasta in sage & melted butter sauce Sliced loin with tuna sauce Roast potatoes with cheese	Amatriciana pasta (with bacon & tomato sauce) Chicken breast with seasonings Green salad	<i>Hawaiian menu</i> Poke' (vegetarian option or with fish) Huli huli chicken (with Hawaiian spices) Hawaiian salad (salad & exotic fruits)
Thursday	Pasta with meat sauce Bresaola (sliced cured meat) Tomatoes & corn	Baked pasta Sliced turkey ham Mixed salad	Pasta with tomato sauce & basil Baked omelette with cheese Tomatoes & corn	Rice with sausage Praga cooked ham Mixed salad	Pasta with pesto sauce Spinach & ricotta cheese tart Mixed vegetables au gratin
Friday	Carrot & potato cream soup Pizza with tomato sauce & mozzarella Steamed spinach Chocolate sponge cake	Pasta with tuna sauce Fish fingers Mixed salad Tart with custard cream & pine nuts	Pumpkin & potato cream soup Pizza with tomato sauce & mozzarella Mixed salad Chocolate salami	Pasta with salmon Fish fingers Steamed green beans Jam tart	Pea cream soup Pizza with tomato sauce & mozzarella Mixed salad Ricotta cheese tart

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce

Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

Pedevilla S.p.A.

