

	1st WEEK (08-12 Jan.)	2nd WEEK (15-19 Jan.)	3rd WEEK (22-26 Jan.)	4th WEEK (29 Jan.-02 Feb.)	5th WEEK (05-09 Feb.)
Monday	Pasta with tomato sauce Soft cheese Grated carrots & corn	Pasta with pesto sauce Robiola cheese Sauteed peas	Parmesan risotto Montasio cheese Green salad	Pasta with tomato sauce & ricotta cheese Asiago cheese Corn	Pasta with cream & ham Mozzarella cheese Steamed chard
Tuesday	Saffron risotto Chicken nuggets Roast mixed vegetables	Risotto with melted butter sauce Chicken nuggets Mixed salad	Carbonara pasta (with eggs & bacon) Chicken meatballs Steamed chard	Pasta with melted butter sauce Souvlaki chicken Roast potatoes	Pasta with tomato sauce Pork stew Green salad
Wednesday	<i>Regional menu from Rome</i> Pasta with tomato sauce, cheese & egg cream Roast pork Grated carrots	Pasta with tomato sauce, veggie cream & oregano Pork sausages Green salad	<i>Regional menu from Piedmont</i> Pasta with sage & melted butter sauce Sliced loin with tuna sauce Roast potatoes with cheese	Pasta with tomato sauce Chicken breast with seasonings Green salad	Rice with olive oil Chicken nuggets Carrots
Thursday	Pasta with meatsauce Praga cooked ham Tomatoes & corn	Baked pasta Sliced turkey ham Mixed salad	Pasta with tomato sauce & basil Baked omelette with cheese Tomatoes & corn	Rice with sausage Praga cooked ham Mixed salad	Pasta with pesto sauce Spinach & ricotta cheese tart Mixed vegetables au gratin
Friday	Carrot & potato cream soup Pizza with tomato sauce & mozzarella Steamed spinach Chocolate sponge	Pasta with tuna sauce Fish fingers Mixed salad Cake with custard cream & pine nuts	Pumpkin & potato cream soup Pizza with tomato sauce & mozzarella Mixed salad Chocolate salami	Pasta with salmon Fish fingers Steamed beans Jam tart	Pea cream soup Pizza with tomato sauce & mozzarella Mixed salad Ricotta cheese tart

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce
Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

Pedevilla S.p.A.

