

MENU ELEMENTARY – S.Y. 2023/2024 valid from 13/11 to 15/12

	1st WEEK (13-17 nov.)	2nd WEEK (20-24 nov.)	3rd WEEK (27 nov.-01 dec.)	4th WEEK (04-08 dec.)	5th WEEK (11-15 dec.)
Monday					
	Pasta with tomato sauce	Parmesan risotto	Pasta with tomato sauce & olives	Saffron risotto	Pasta with pesto sauce
	Soft cheese	Montasio cheese	Mozzarella cheese	Stracchino cheese	Asiago cheese
	Steamed vegetables	Salad & corn	Steamed green beans	Green salad	Grated carrots & corn
Tuesday		<i>Regional menu from Abruzzo</i>		<i>Regional Menu from Veneto</i>	
	Potato & carrot cream soup	<i>Pasta "cacio e ova" (with cheese and eggs)</i>	Lentil cream soup	<i>Rice and pumpkin "Venetian style"</i>	Ravioli with sage & melted butter sauce
	Roast turkey	<i>Polenta with sausage sauce</i>	Chicken breast with seasonings	<i>Polenta with sausages</i>	Pork stew
	Steamed chard	<i>Stewed vegetables "Abruzzo style"</i>	Green salad	<i>Sauteed cabbage "Venetian style"</i>	Mixed salad
Wednesday	<i>Regional menu from Sicily</i>		<i>Regional Menu from Sardinia</i>		<i>Trieste menu</i>
	<i>Pasta with red pesto sauce</i>	Carbonara pasta (with eggs & bacon)	<i>Pasta in tomato sauce with sausage &amp; sheep cheese</i>	Pasta with tomato sauce	<i>Vegetable pea soup</i>
	<i>Roast cutlets au gratin</i>	Pork meatballs in curry sauce	<i>Chicken with olives and capers</i>	Roast turkey	<i>Stewed meat &amp; potatoes</i>
	<i>Stewed vegetables "Sicilian style"</i>	Spinach	<i>Artichokes au gratin</i>	Roast mixed vegetables	<i>Sauteed sauerkraut and potatoes</i>
Thursday					
	Pasta with tomato sauce, cream & oregano	Pasta with tomato sauce	Pasta with mozzarella cheese & tomato sauce	Rice with sausages	Pasta with meatsauce
	Praga cooked ham	Baked omelette with cheese	Bresaola (sliced cured meat)	Ricotta and spinach pie	Sliced turkey ham
	Bruxelles sprouts	Steamed carrots	Mixed vegetables au gratin	Green salad	Mixed vegetables au gratin
Friday				CLOSED	
	Pumpkin & potato cream soup	Pasta with creamy tuna sauce	Rice and pea soup		Pasta with salmon
	Pizza with tomato & mozzarella cheese	Fish fingers	Pizza with tomato & mozzarella cheese		Fish fingers
	Steamed broccoli	Steamed cauliflowers	Steamed fennel		Steamed green beans
	<i>Jam tart</i>	<i>Chocolate sponge cake</i>	<i>Ricotta cheese tart</i>		<i>Chocolate sponge cake</i>

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce  
Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

Pedevilla S.p.A.

