

	1st WEEK (6-9 September)	2nd WEEK (12-16 September)	3rd WEEK (19-23 September)	4th WEEK (26-30 September)	5th WEEK (3-7 October)
Monday	CLOSED	Pasta with tomato, cream & oregan	Rice with tomato sauce & basil	Pasta with sausage & fresh tomato	Pasta with tomato sauce
		Mild Provolone cheese	Primosale cheese	Mozzarella cheese	Stracchino cheese
		Sauteed vegetables	Salad & corn	Mixed salad	Roast vegetables
Tuesday	Pasta with tomato sauce	Pasta with tomato sauce	Pea cream soup	Carrot cream soup	Legume & cereal soup
	Roast pork	Roast turkey	Roast chicken breast	Beef stew	Chicken breast with olives & tomato
	Carrots & corn	Salad & tomatoes	Green salad	Spinach	Salad & corn
Wednesday	Pasta with pesto sauce	Vegetable cream soup	Pasta with tomato, cream & oregan	<i>Greek menu</i>	<i>Regional menu from Lazio</i>
	Chicken breast in lemon sauce	Beef meatballs in tomato sauce	Ricotta & spinach pie	<i>Moussaka (baked eggplants with meatsauce & cheese)</i>	<i>Amatriciana pasta (tomato & bacon)</i>
	Green salad	Salad, corn & carrots	Mixed salad	<i>Greek salad (cucumbers, tomatoes, onion, feta cheese & olives)</i>	<i>Turnip tops & sausages</i>
				<i>Roast briam (roast mixed vegetables)</i>	<i>Mixed salad</i>
Thursday		<i>Regional menu from Abruzzo</i>			
	Pasta with meatsauce	<i>Pasta with sheep cheese & eggs</i>	Tortellini with milk cream & ham	Rice with meatsauce	Potato dumplings with sage & melted butter sauce
	Montasio cheese	<i>Rice salad</i>	Baked omelette	Scrambled eggs	Praga cooked ham
	Steamed spinach	<i>Steamed vegetables</i>	Green salad	Steamed fennels	Steamed chard
Friday			<i>Regional menu from Basilicata</i>		
	Lentil cream soup	Parmesan risotto	<i>Barley soup</i>	Bean cream soup	Saffron risotto
	Pizza with tomato sauce & mozzarella	Fish fingers	<i>Cod in tomato sauce with raisin & olives</i>	Pizza with tomato sauce & mozzarella	Fillet plaise au gratin
	Mixed salad	Spinach	<i>Carrots & corn</i>	Tomatoes & carrots	Spinach
			<i>Chocolate cake</i>	<i>Apple tart</i>	

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce

Every day it is possible to substitute the second course with a cold dish

Edited by the dietician: **Claudia De Marzi - Pedivilla S.p.A.**

