

	1st WEEK (22-26 November)	2nd WEEK (29 November-3 December)	3rd WEEK (6-10 December)	4th WEEK (13-17 December)	5th WEEK (20-22 December)
Monday	Sausage risotto	Pasta with tomato sauce	Rice with tomato sauce	Lentil cream soup	Carbonara pasta (eggs & bacon)
	Pasta with olives and tomato sauce	Pasta with tomato sauce, mushrooms, cooked ham & milk cream	Wholegrain pasta with sausage & tomatoes	Pasta with tomato sauce, olives & capers	Rice with red radicchio
	Asiago cheese	Montasio cheese	Stracchino cheese	Soft cheese	Mozzarella cheese
	Green salad	Green salad	Green salad	Green salad	Green salad
	Salad & beans	Mixed salad	Salad & carrots	Salad & beans	Grated carrots
	Steamed fennels	Steamed cauliflowers	Steamed broccoli	Spinach	Spinach
Tuesday	Lentil cream soup	Potato & carrot cream soup	Legume cream soup	Trentino Alto Adige Menu	Pumpkin cream soup
	Pasta with meatsauce, pesto & milk cream	Pasta with oil, garlic & chili pepper	Pasta with taleggio cheese & speck	<i>Barley soup with onions, carrots, potatoes & bacon</i>	Pasta with tomato sauce, peas & mushrooms
	Omelette	Beef stew	Meatballs in tomato sauce	<i>Bread gnocchi (with cured meat or vegetarian)</i>	Spinach & ricotta tart
	Green salad	Green salad	Green salad	<i>Mushrooms and cheese with polenta</i>	Green salad
	Carrots & corn	Cabbage	Mixed salad	<i>Beef stew / Sauerkraut</i>	Mixed salad
	Spinach	Spinach	Steamed cicory	<i>Grostl (roast potatoes with eggs, wurstel & onions)</i>	Brussels sprouts
Wednesday	Pasta with tomato sauce	Parmesan risotto	SCHOOL CLOSED	Pasta with tomato sauce	Pasta with tomato sauce
	Wholegrain pasta with pumpkin & mushrooms	Wholegrain pasta with broccoli		Cauliflower cream soup	Pizzoccheri with potatoes & cabbage
	Roast pork	Turkey stripes		Pork stew	Roast chicken breast
	Green salad	Green salad		Green salad	Green salad
	Mixed salad	Corn		Mixed salad	Salad & beans
	Steamed broccoli	Roast potatoes		Roast potatoes	Cicory
Thursday	Thanksgiving Menu	Baked pasta	Pasta with ricotta cheese & spinach	Four cheeses gnocchi	SCHOOL CLOSED
	<i>Pumpkin cream soup</i>	Chickpea, spelt & pumpkin soup	Pea cream soup	Leek cream soup	
	<i>Stuffed turkey roast</i>	Bresaola (cured meat)	Baked omelette	Sliced turkey breast	
	<i>Mashed potatoes</i>	Green salad	Green salad	Green salad	
	<i>Bussels sprouts</i>	Salad & beans	Grated carrots	Bean salad	
		Steamed chard	Steamed vegetables	Steamed vegetables	
Friday	Vegetable cream soup	Pasta with smoked salmon	Saffron risotto	Bean cream soup	SCHOOL CLOSED
	Pizza with tomato sauce & mozzarella	Wholegrain pasta with lentils & rosemary	Pasta with mussels	Pasta with squids	
	Green salad	Fish fingers	Cod in tomato sauce with onions & olives	Roast swordfish fillet	
	Salad & carrots	Green salad / Salad & carrots	Green salad / Salad & corn	Green salad / Cabbage	
	Steamed vegetables	Steamed fennels	Roast vegetables	Steamed cauliflowers	
	<i>Chocolate roll</i>	<i>Jam tart</i>	<i>Yogurt plumcake</i>	<i>Ricotta tart</i>	

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce
Every day it is possible to substitute the second course with a cold dish

Edited by the dietician: **Claudia De Marzi - Pedivilla S.p.A.**

