

	1st WEEK (7-10 September)	2nd WEEK (13-17 September)	3rd WEEK (20-24 September)	4th WEEK (27 Sep - 1 Oct)	5th WEEK (4-8 October)
Monday	CLOSED				
		Amatriciana pasta (tomato & bacon)	Rice with tomato sauce & basil	Pasta with ricotta cheese & oregan	Carbonara pasta (eggs & bacon)
		Mild Provolone cheese	Primosale cheese	Scrambled eggs	Stracchino cheese
		Sautéed vegetables	Salad & corn	Mixed salad	Roast vegetables
Tuesday	Pasta with tomato sauce	Pasta with tomato sauce	Bean cream soup	Carrot cream soup	Legume & cereal soup
	Roast pork	Roast turkey	Roast chicken breast	Potato & cheese tart	Chicken breast with garlic, olive & tomato
	Carrots & corn	Salad & tomatoes	Green salad	Spinach	Salad & corn
Wednesday	Pasta with pesto sauce	Vegetable cream soup	Pasta with tomato, cream & oregan	Pasta with tomato sauce	Pasta with tomato sauce & basil
	Chicken breast in lemon sauce	Beef stew	Ricotta & spinach pie	Pork stew	Roast meatballs
	Green salad	Salad, corn & carrots	Mixed salad	Grated carrots	Mixed salad
Thursday	Pasta with meatsauce	Gnocchi with sage and melted butter	Tortellini with milk cream & ham	Rice with meatsauce	Baked pasta
	Montasio cheese	Bresaola	Baked omelette	Sliced tomatoes & mozzarella cheese	Praga cooked ham
	Steamed spinach	Steamed vegetables	Spinach	Steamed vegetables	Green salad
Friday	Lentil cream soup	Parmesan risotto	Barley soup	Chickpea cream soup	Saffron risotto
	Pizza with tomato sauce & mozzarella	Fish fingers	Baked fillet plaice	Pizza with tomato sauce & mozzarella	Mixed fish in tomato sauce
	Mixed salad	Green salad	Carrots & corn	Tomatoes & carrots	Spinach
	<i>Jam tart</i>	<i>Ice cream</i>	<i>Yogurt cake</i>	<i>Cake with ricotta cheese</i>	<i>Chocolate cake</i>

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce

Every day it is possible to substitute the second course with a cold dish

Edited by the dietician: **Claudia De Marzi - Pedivilla S.p.A.**

