

	1st WEEK (16-20 Nov.)	2nd WEEK (23-27 Nov.)	3rd WEEK (30 Nov. - 4 Dec.)	4th WEEK (7-11 Dec.)	5th WEEK (14-18 Dec.)
Monday	Parmesan risotto	Pasta with tomato sauce	Rice with tomato sauce	CLOSED	Carbonara pasta (eggs & bacon)
	Pasta with vegetables	Vegetable cream soup	Wholegrain pasta with leek & mushrooms		Mushroom risotto
	Asiago cheese	Montasio cheese	Stracchino cheese		Sliced turkey breast
	Green salad	Green salad	Green salad		Green salad
	Salad & beans	Mixed salad	Salad & carrots		Grated carrots
	Steamed fennels	Steamed cauliflowers	Steamed broccoli		Spinach
Tuesday	Chickpea cream soup	Potato & carrot cream soup	Legume cream soup	CLOSED	Pumpkin cream soup
	Pasta with red radicchio & bacon	Pasta with garlic, oil & chilly pepper	Wholegrain pasta with red radicchio		Pasta with sausage
	Chicken breast with seasonings	Scallops	Meatballs in tomato sauce		Chicken breast in lemon sauce
	Green salad	Green salad	Green salad		Green salad
	Carrots & corn	Grated carrots	Mixed salad		Mixed salad
	Spinach	Spinach	Steamed chicory		Bussels sprouts
Wednesday	Pasta with tomato sauce	Rice with sage & melted butter	Amatriciana pasta (tomato & guanciale)	Pasta with tomato sauce	Pasta with tomato sauce
	Pumpkin risotto	Wholegrain pasta with broccoli	Pasta with mushrooms, ham, peas & tomato	Carrot cream soup	Wholegrain pasta with capers, olives & sundried tomatoes
	Ham rolls	Turkey strips	Baked omelette	Robiola cheese	Roast pork
	Green salad	Green salad	Green salad	Green salad	Green salad
	Mixed salad	Corn	Cabbage	Mixed salad	Salad & beans
	Steamed broccoli	Steamed carrots	Spinach	Chicory	Chicory
Thursday	Baked pasta	Thanksgiving Day Menu	Crepes with ricotta cheese & spinach	Four cheese gnocchi	Tagliatelle with meatsauce
	Vegetable soup	<i>Pumpkin cream soup</i>	Pea cream soup	Vegetable soup	Carrot cream soup
	Speck	<i>Stuffed turkey</i>	Cured ham	Beef stew	Mozzarella cheese
	Green salad	<i>Brussels sprouts</i>	Green salad	Green salad	Green salad
	Salad & beans	<i>Mashed potatoes</i>	Grated carrots	Bean salad	Salad & carrots
	Steamed chard		Mixed steamed vegetables	Mixed steamed vegetables	Mixed steamed vegetables
Friday	Bean cream soup	Pasta with smoked salmon	Saffron risotto	Parmesan risotto	Vegetables cream soup
	Pizza with tomato & mozzarella cheese	Carrot cream soup	Pasta with mussels	Pasta with squids	Pizza with tomato & mozzarella cheese
	Green salad	Fish fingers	Codfish with tomato, olives & onion	Roast sword fish fillet	Green salad
	Salad & carrots	Green salad / salad & carrots	Green salad / Corn	Green salad	Salad & carrots
	Mixed steamed vegetables	Steamed fennels	Roast vegetables	Cabbage / Steamed cauliflowers	Steamed chard
	<i>Jam Tart</i>	<i>Chocolate roll</i>	<i>Yogurt cake</i>	<i>Ricotta cake</i>	<i>Chocolate cake</i>

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce

Every day it is possible to substitute the second course with a cold dish

Edited by the dietician: **Claudia De Marzi - Pedivilla S.p.A.**

