



THE INTERNATIONAL
SCHOOL OF TRIESTE

MENU ELEMENTARY S.Y. 2025/2026
valid from 02/02 to 13/02/26

	1st WEEK (2 - 6 Feb.)	2nd WEEK (9 - 13 Feb.)
Monday	Pasta with tomato sauce & basil Savory pie with provola cheese & bacon Steamed green beans	Pasta with tomato & chili pepper sauce Spinach & ricotta cheese pie Mixed vegetables au gratin
Tuesday	Pasta with Norcino's meat sauce Baked omelette with cheese or vegetables Steamed chard	Pasta with tomato sauce, veggy milk cream & oregano Beef hamburger Roast potatoes
Wednesday	German Menu <i>Kartoffelsuppe mit Pilzen (Potato & mushroom soup)</i> <i>Leberkäse</i> <i>Kartoffelsalat (German potato salad)</i>	Regional Menu from Sicily <i>Pasta with pesto Trapani's Style</i> <i>Sausage in sauce</i> <i>Sauteed vegetables Sicilian Style</i>
Thursday	Saffron risotto Turkey stew Steamed mixed vegetables	Rice with tomato sauce Chicken thighs in paprika sauce Roast peppers
Friday	Carrot cream soup Chicken nuggets Potatoes Homemade dessert	Zucchini cream soup Pizza with tomato sauce & mozzarella cheese Early red radicchio Italian Carnival Crostoli
<p>Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce Every day it is possible to substitute the second course with a cold dish</p> <p>Edited by the dietician of:</p> <p>Pedevilla S.p.A.</p>		

