



THE INTERNATIONAL SCHOOL OF TRIESTE

MENU EARLY CHILDHOOD KINDER 2

S.Y. 2024/2025

valid from 12/05 to 23/05

	1st WEEK (12 - 16 May)	2nd WEEK (19 - 23 May)
Monday	Starter of vegetables au gratin	Vegetable and barley cream soup
	Rice with peas (or plain rice with sauteed peas)	Turkey escalope with potatoes/polenta
		Fresh vegetables
	Bread and fresh fruit	Bread and fresh fruit
Tuesday	Semolina in vegetable broth	Starter of sauteed vegetables
	Chicken nuggets in milk sauce	Potato dumplings in butter and sage sauce
	Fresh vegetables	Stracchino cheese
	Bread and fresh fruit	Bread and fresh fruit
Wednesday	Starter of mixed steamed vegetables	Starter of fresh vegetables
	Pasta with tomato sauce	Pasta with vegetables
	Ricotta cheese meatballs	Stewed veal meatballs
	Bread and fresh fruit	Bread and fresh fruit
Thursday	Vegetable cream soup with pasta	Starter of vegetables au gratin
	Minced beef or stewed meatballs	Lentil and cereal cream soup
	Potatoes/polenta and fresh vegetables	Egg omelette with spinach
	Bread and fresh fruit	Bread and fresh fruit
Friday	Starter of mixed fresh vegetables	Mixed cooked vegetables
	Pasta with vegetables	Rice with fish sauce (squid, cuttlefish, cod, etc...)
	Roast fish meatballs	
	Bread and fresh fruit	Bread and fresh fruit
<p>Every day the detailed menu (including type of seasonal vegetables and fruit) will be displayed for reference.</p> <p>This menu is compliant with the provisions received by</p> <p>ASUGI - SC Igiene Alimenti e Nutrizione</p>		