

## MENU MIDDLE & HIGH SCHOOL - S.Y. 2025/2026 valid from 08/12 to 19/12/25

	1st WEEK (08 - 12 Dec.)	2nd WEEK (15 - 19 Dec.)
F		Discovitta Associate a conservation de la conservat
	SCHOOL CLOSED	Riso with tomato sauce & mozzarella cheese
a		Zucchini & onion cream soup
Monday		Ricotta cheese & spinach savory pie
		Mixed salad
		Salad & tomatoes
		Steamed carrots
Tuesday	Pasta with tomato sauce & basil	Regional Menu from Liguria
	Vegetable cream soup	Pasta with pesto Genovese Style
	Roast sausage with potatoes	Leek & turmeric cream soup
	Green salad	Pork loin Genovese Style
	Mixed salad	Green salad / Grated carrots
	Steamed chard	Anchovies Liguria's Style
	Saffron risotto	Pasta with San Daniele meat sauce
Wednesday	Vegetable soup with cereals	Vegetables soup
	Chicken cutlets	Turkey stew
nes	Green salad	Mixed salad
/ed	Mixed salad	Salad & tomatoes
>		Beans & onions
H	Vegetables au gratin	Dealis & Utilotis
	Ravioli in melted butter & sage sauce	Pasta with tomato sauce, veggy milk cream & oregano
~	Cous cous with vegetables	Broccoli soup with chickpeas in curry sauce
Thursday	Baked omelette with vegetables or cheese	Roast chicken in paprika sauce
	Green salad	Green salad
F	Mixed salad	Mixed salad
	Steamed fennels	Roast eggplants
	Street Food Menu from Turkey	Potato, carrot & pumpkin soup
Friday	Ciorba (red lentils soup)	Pizza with tomato sauce & mozzarella cheese
	Create your doner kebab with: beef meat, yoghurt	Green salad
	sauce, spicy sauce, cabbage, salad, tomatoes	Steamed mixed vegetables
	Steamed mixed vegetables	Mixed salad
	Homemade dessert	Homemade dessert
H	Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce Every day it is possible to substitute the second course with a cold dish	
	Edited by the dietician of:	Pedevilla
	Pedevilla S.p.A.	gusto noturale