



THE INTERNATIONAL  
SCHOOL OF TRIESTE

## MENU ELEMENTARY - S.Y. 2025/2026

### valid from 08/12 to 19/12/25

	1st WEEK (08 - 12 Dec.)	2nd WEEK (15 - 19 Dec.)
Monday	<b>SCHOOL CLOSED</b>	Riso with tomato sauce & mozzarella cheese Ricotta cheese & spinach savory pie Steamed carrots
Tuesday	Pasta with tomato sauce & basil Roast sausage with potatoes Steamed chard	<b>Regional Menu from Liguria</b> <i>Pasta with pesto Genovese Style</i> <i>Pork loin Genovese Style</i> <i>Anchovies Liguria's Style</i>
Wednesday	Saffron risotto Chicken cutlets Vegetables au gratin	Pasta with San Daniele meat sauce Turkey stew Green salad
Thursday	Ravioli in melted butter & sage sauce Baked omelette with vegetables or cheese Steamed fennels	Pasta with tomato sauce, veggy milk cream & oregano Roast chicken in paprika sauce Roast eggplants
Friday	<b>Street Food Menu from Turkey</b> Ciorba (red lentils soup) Create your doner kebab with: beef meat, yoghurt sauce, spicy sauce, cabbage, salad, tomatoes Steamed mixed vegetables Homemade dessert	Potato, carrot & pumpkin soup Pizza with tomato sauce & mozzarella cheese Mixed salad Homemade dessert
<p>Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce  Every day it is possible to substitute the second course with a cold dish</p> <p>Edited by the dietician of:</p> <p><b>Pedevilla S.p.A.</b></p>		

