

## MENU MIDDLE & HIGH SCHOOL - S.Y. 2025/2026

### valid from 22/09 to 03/10/25

	1st WEEK (22-26 Sept.)	2nd WEEK (29Sept.-03 Oct.)
Monday	Pasta with tomato sauce, veggy milk cream & oregano	Rice with tomato sauce and oregano
	Vegetable cream soup	Asparagus & potato cream soup
	Four-cheese & vegetable crepes	Spinach & ricotta tartlet
	Green salad	Mixed salad
	Mixed salad	Salad & tomato
	Steamed green beans	Steamed Brussels sprouts
Tuesday	Pasta with tomato sauce & basil	<b>Regional menu from Sardinia</b>
	Mixed cereals with vegetables	Potato & fregula soup
	Pork loin cooked in milk	Malloreddus with sausage sauce
	Green salad	Sardinian-Style porchetta
	Mixed salad	Green salad / Grated carrots
	Steamed broccoli	Sauteed eggplants Nuoro-Style
Wednesday	<b>Oriental menu</b>	Pasta with pesto sauce
	Cantonese rice	Pasta with broccoli
	Leek & ginger soup	Roast chicken thighs
	Almond chicken	Mixed salad
	Green salad / Mixed salad	Tomatoes
	Sauteed vegetables with soya sauce	Mixed steamed vegetables
Thursday	Pasta with San Daniele ham ragù	Homemade gnocchi in sage & butter sauce or tomato sauce
	Carrot cream soup	Cous cous with vegetables
	Vegetable & scamorza cheese tartlet	Potato, provola cheese & ham pie
	Green salad	Green salad
	Tomatoes	Mixed salad
	Steamed Swiss chard	Mixed vegetables au gratin
Friday	Potato & zucchini cream soup	Pasta with tomato sauce & basil
	Piadina with ham & cheese	Barley with vegetables
	Piadina with vegetables	Cevapčići
	Green salad / Mixed salad	Green salad / Mixed salad
	Mixed steamed vegetables	Roast potatoes
	<b>Homemade dessert</b>	<b>Homemade dessert</b>
<p>Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce</p> <p>Every day it is possible to substitute the second course with a cold dish</p> <p>Edited by the dietician of:</p> <p><b>Pedevilla S.p.A.</b></p>		